## Do you normally stay up late?

I didn't use to stay up late but since being in lockdown I've become a bit of a night owl\*. I've been staying up past midnight whereas previously I

used to be fast asleep\*\* by half ten.

\*a night owl = a person who tends to stay up until late at night, or the early hours of the morning

\*\*to be fast asleep = to be in a deep sleep

When was the last time you stayed up late? Why

Like I said, I've been doing it quite a lot recently, but the last time I pulled an all-nighter was when I was studying for an exam in high school. I couldn't do it now though.

\*\*\*to pull an all-nighter = to stay up all night usually studying

Fluency and Coherence Grammatical Range and Accuracy Lexical Resource



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## Did you like to stay up late when you were a child?

Well, yes I did, but my parents were pretty strict and stuck to a routine so I had to be in bed early on a school night. In the holidays, they were a bit more chilled\* and let me stay up past my bedtime\*\*.

\*to stick to a routine = to keep to a routine; to do the same things regularly at the same time

\*\*chilled = relaxed; easy-going

\*\*\*past my bedtime = past the time you normally go to sleep

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