

Prepare for {IELTS}

Part 1 – Corona Virus

How do you feel about the corona virus outbreak?

Oh my goodness, we are living in an unreal situation at the moment. I know there were previous pandemics such as the Spanish flu, but this feels unprecedented* - it's a living nightmare. Health professionals are doing an incredible job trying to save people, but hospitals are so overwhelmed** that they cannot cope with the numbers of infected people.

*unprecedented = never done or never known before

**overwhelmed = swamped; flooded

What do people have to do during the quarantine time?

That kind of depends... if you are able to work from home, then you have to still work, mind you, this isn't an option for all. Regardless of*** your work situation, staying sane**** is a priority. Everyone's mental health will be affected during this crisis so it's essential to vary***** your activities during the day and try to do some physical exercise as well.

***regardless of = without being influenced by any other events or conditions; despite

****to stay sane = having a healthy mind

*****to vary = to change