

Prepare for {IELTS}

Describe your favourite season

You should say:

- When it is
- What it is
- What you do
- And explain why you like it

Oh, to be perfectly honest, this is not something I've really thought about before, but if I had to choose my favourite season then I guess it would be spring. Having said that though, there is something in every season that I could talk about.

Anyway, getting back to spring... there are a variety of reasons why this season particularly appeals to me. Firstly, it comes after winter, which is a cold and bleak time. When it snows, it's amazing and it brings out the child in me, but when it's just dark and dreary, then it's thoroughly miserable. So when the mornings get lighter and the evenings likewise, I feel completely energised and I feel like not only are the flowers and plants waking up, but also I am waking up after a long period of hibernation.

A further reason why I love this time of year is that it is a new calendar year and I start the year with new year's resolutions. Admittedly, I don't always keep these, but it's great to feel motivated to do something. Last year, my resolution was to work out more and despite the fact that I didn't stick to it, I felt better for the first few weeks of the year.

In terms of activities that I do at this time of year, well, as the weather is improving, I enjoy going for long leisurely walks in the countryside. Although it can be quite blustery, I love the feeling of the fresh air. After so many months of being stuck inside, it's great to be outdoors again. Another thing that I frequently do is spend time in my garden. There are loads of tasks to do such as picking the weeds, planting bulbs and making preparations for the summer. Summer can be hot and sticky and I'm not a massive fan of the heat, but in late spring, it's getting warmer, but the days are still mild and pleasant.