

USEFUL PREPARATION

PART 1, 2 AND 3 USEFUL DISCOURSE MARKER — MIND YOU

How do you feel when you are waiting for someone and they are late?

- To be honest, I get extremely annoyed as being punctual is respectful and, therefore, turning up late is disrespectful. **Mind you**, since having children, I find I'm often late because I have a million things to do before I leave the house.

Did you get any pocket money when you were young?

- No, I did not and I am still about **bitter** about it! **Mind you**, my parents used to pay for everything and I never went without so I shouldn't complain.

Do you often use public transport?

- **I'm ashamed to** admit that no I don't. **Mind you**, **I live in the middle of nowhere** so my options are severely limited so I need to use my car to get around.

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What do you do when you have difficulty sleeping?

- Well, there are a number of things such as reading because reading sends me to sleep and listening to a podcast because I find if I focus on someone speaking, it shuts down my brain and helps me sleep.

Mind you, I rarely have difficulty sleeping, I love sleeping and can **drop off** immediately.

Glossary

To turn up late	To arrive late
To be bitter about something	To be annoyed about something
To be ashamed	To be embarrassed
Severely limited	Very small
To shut down your brain	Your brain stops working/thinking about things
To drop off	To fall asleep