

Prepare for {IELTS}

Part 1 – Laughter

Do you like to watch TV shows or films that make people laugh?

Oh absolutely, yes I do. I'm a huge fan of comedy shows and films. Life is incredibly hectic and stressful at times so I love to chill out* watching something hilarious.

*to chill out = to relax instead of worrying or feeling anxious

Do you usually make people laugh?

I wouldn't say I'm a comedian but I have a dry sense of humour** and can be quite witty*** at times.

**to have a dry sense of humour = a person with a "dry" sense of humour often says funny things with a serious, calm expression. They don't smile, laugh, or make silly faces

***witty = using words in a funny and intelligent way

Do you think it's important to laugh with your friends?

Yes, without a doubt, this is essential. Because we're all leading such busy lives, you need to be able to let off steam* and having a laugh together is a great way to do that. Laughing releases endorphins**, which are good for you.

*to let off steam = to do or say something that helps you to get rid of strong feelings or energy

**endorphins = chemicals in the body that make you feel good