

USEFUL PREPARATION

PART 2 — THE 'HOW YOU FELT ABOUT IT' BULLETPoint

How you felt about a good experience...

To have a whale of a time

To enjoy yourself very much



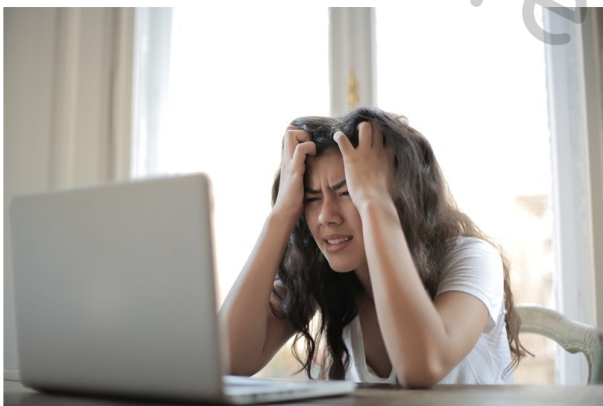
- It was great to catch up with my mates and I had a whale of a time.
- It was such a fascinating and amazing place and I had a whale of a time.
- It was incredibly tiring but I had a whale of a time.

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How you felt about a bad experience...

To be a nightmare

To be an extremely unpleasant event or experience



- It was an absolute nightmare at the time, but now I can laugh about it.
 - It was a bit of a nightmare at the time, but I quickly got over it*.
- *To get over something = to recover from something
- It was a total nightmare to be perfectly honest, but these things happen.

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How you felt about a surprising/good/bad experience...

To be lost for words

To be shocked and not know what to say



- As you can imagine, at the time I was lost for words because I didn't expect it.
- When I heard the news I was lost for words. Honestly, I was totally astounded.
- It's hard to sum up how I feel about her/him I'm lost for words, to be perfectly honest,

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How you feel about a person...

To take your hat off to him/her/them

To admire someone for what they have achieved



- As for how I feel about her, well she juggles* two children and is the CEO of a multinational company so I take my hat off to her.

*to juggle = to succeed in arranging your life so that you have time to involve yourself in two or more different activities or groups of people

- It's hard to sum up how I feel about him. I take my hat off to him because he's an incredibly successful person and he works extremely hard.

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